



Parents as Partners - Building Success

Surrey, B.C.

Saturday, November 26, 2011

Queen Elizabeth Secondary School
9457 King George Hwy. Surrey, BC



**BC Confederation of Parent Advisory Councils
Fall 2011 Regional Conference Series**

October 15, 2011 – Kelowna, BC

November 26, 2011 – Surrey, BC

Generously co-hosted by the Surrey District Parent Advisory Council

BCCPAC President's Welcome

Today offers many opportunities to learn more about the expanding role of parents in education, to build relationships, to network with fellow parent leaders and most importantly to be inspired by the good work we all do. Your day will be filled with informative guest speakers who will provide insight into our changing world and its effects on children, workshops that will provide important knowledge to support you in your role as a parent leader, and many opportunities to network and be supported by fellow parent leaders who share the same passions and commitment to education.

Parents have an important role in their child's education and in shaping the education system itself. Through learning about new ideas, and the sharing of our stories and challenges, we can support one another for the success of all students.

Thank you for choosing to be here, for supporting learning for parents and students. We know you will leave with new information and a renewed commitment to what you do. You will feel more informed, challenged and energized as we all build on each other's passion and best practises. Enjoy and appreciate your learning.

I look forward to our time together.

In friendship,



Ann Whiteaker
BCCPAC President





Parents as Partners - Building Success

Saturday November 26, 2011 (9:00am – 4:00pm)

Queen Elizabeth Secondary School, Surrey, BC

Program

8:00am - 9:00am: Registration and exhibitor viewing

9:00am - 9:15am: Welcoming address **BC Confederation of Parent Advisory Councils and Surrey DPAC**

9:15am - 10:15am: Opening Keynote: **Jeff Hopkins, Personalized Learning**

10:15am – 10:30am: Break

Breakout Workshops – Session 1 (10:30am to 11:30am)

Option A: BCCPAC: Past, Present and Future – Facilitated by **Ann Whiteaker, President, BCCPAC**

Option B: Workshop – Facilitated by **Jeff Hopkins**

Option C: The Parent's Brain – Facilitated by **Gary Anaka**

Option D: Navigating Girl World – Facilitated by **Kerri Isham**

Option E: BC FRIENDS Parent Program – Facilitated by **FORCE Society for Kid's Mental Health**

Lunch (11:30am – 12:15pm) - FOYER
Plenary presentation by WorksafeBC

12:15pm – 1:15pm: **Keynote: Parents are Important** – Dr. Patricia Porter

Breakout Workshops – Session 2 (1:30pm to 2:30pm)

Option A: Constitution and Bylaws – Facilitated by **John Noonan, Parliamentarian**

Option B: Multiculturalism and PACS – Facilitated by **Karen Sekhon, Youth Diversity Liaison, Surrey School District**

Option C: Why parents don't get involved - and how they can! – **Facilitated by Dr. Patricia Porter**

Option D: Body Smart: From Child to Teen – Facilitated by **Kerri Isham**

3:00pm – 4:30pm: **Closing Keynote: Brain Power in Children and Youth** - Gary Anaka

Keynote Address (*Gym*)



Keynote: Personalized Learning

Presenter: Jeff Hopkins

Jeff Hopkins is the Superintendent for School District 64 (Gulf islands) and has been since 2006. His teaching background, mainly at the middle and secondary levels in several BC school districts, has included a variety of academic subjects, often taught in interdisciplinary combination. He was also BC's first provincial Safe Schools Coordinator. Over the years, Jeff has developed many specialized and alternative learning programs as teacher, counsellor, businessperson, school-based administrator, and Superintendent. His Master's work in Counselling Psychology was focused on perceived locus-of-control and its relationship to frustration and overt aggression in adolescents. His passion continues to be the creation of personalized but systematized learning opportunities for children and adolescents, as well as for professional educators themselves.



Keynote: Parents are Important

We all know this, but do you know how important they are and in what way? In this presentation you will discover why we can no longer afford to ignore the role parents play in helping children learn.

Presenter: Dr. Patricia Porter

Having worked with children and parents for over 30 years, Dr. Patricia Porter understands the vital role that parents play in helping children succeed in school. She has worked with many families, helping them to make a difference in their child's learning lives.



Keynote: Brain power: Children and Youth

Presenter: Gary Anaka

Gary is the top Brain-Based Learning facilitators in British Columbia today. He has been a certified facilitator since 1997, receiving on-going training from the Jensen Learning Corporation, a world leader in teacher training in the new field of Applied Educational Neuroscience.

Gary has over 32 years of classroom experience in Learning Assistance, Peer Tutoring, Gifted/Enrichment and Study Skills, at the high school level in Canada and Australia. He has presented Professional Development workshops to tens of thousands of teachers, support staff, students and parents in over 45 BC school districts as well as other provinces. He is the author of "Your Magical Brain: How It Learns Best."

Breakout Workshops – Session 1

Option A: BCCPAC Past, Present and Future – Facilitated by Ann Whiteaker, President, BCCPAC

Parents have an important role in their child's education and in the education system and have since the inception of public education. Parents through PAC, DPAC and BCCPAC can effect positive change for our students and this workshop will focus on the roles and responsibilities of parent leaders to create the collective voice of parents in your school, district and across the province. Participants will enjoy a lively discussion on potential future directions of the organization.

Option B: Personalized Learning Follow-up Workshop – Facilitated by Jeff Hopkins

Do community members at large and parents have real opportunities for input and learning in each school and district in BC? Do we use inquiry to improve our schools, or do we just share opinions? Are we willing to take risks, make mistakes, so we can grow? If we have a picture of what personalized learning looks like for children and youth, is that picture mirrored in the rest of how we do business? What would that look like? This workshop will delve deeper into the specific processes and practices that can work together to create a holistic personalized learning community.



Option C: The Parent's Brain – Facilitated by Gary Anaka

Option D: Navigating Girl World – Facilitated by Kerri Isham

Bratz, Barbies, Toddlers in Tiara's, t-shirts with saying like "Flirt" and "Juicy" for little girls, marketers targeting tween girls to look and act older than they are. Fed up? Want to take action? Then this is the workshop for you! Societal factors send powerful messages to girls and young women that certain attributes are unacceptable, namely being overweight and unattractive. The clearest message to girls from the media is that being "hot" is a social imperative. Unspoken rules, constant assessment by peers and a bombardment of media advertisements (TV, social media sites, music videos) – leave some girls feeling vulnerable, helpless and confused. It doesn't have to be this way! In this workshop, parents, guardians, educators and community members will learn strategies to support girls with their critical thinking around the media and how it influences their body image and self-esteem. By exposing media manipulation, girls can feel a sense of empowerment, confidence and connectedness.

Option E: BC FRIENDS Parent Program – Facilitated by FORCE Society for Kid's Mental Health

The BC FRIENDS Parent Program is complimentary to the FRIENDS program being taught in schools throughout BC. Developed by parents, this program teaches parents about the FRIENDS program and ways to reinforce the FRIENDS skills at home. FRIENDS is proven effective as both a universal resiliency building as well as a targeted early intervention, anxiety reduction program for children. FRIENDS teaches children important life skills such as identifying feelings, how to relax, how to think in helpful ways, how to face fears, how to problem solve, how to reward one's self and more.

Breakout Workshops – Session 2

Option A: Constitution and Bylaws – Facilitated by John Noonan, Parliamentarian

All PACs/DPACs are required to have a constitution. This workshop will explore the why, what, where, how and when of your constitution which will provide an understanding of the importance of following your constitution, making changes and what you can do if you find yourself in violation of your constitution. Who can be a member of your PAC/DPAC? Who does what? These and other questions will be answered. Participants are welcome and encouraged to bring questions and a copy of their PAC/DPAC's constitution.

Option B: Multiculturalism and PACS – Facilitated by Karen Sekhon, Surrey School District

Option C: Why parents don't get involved - and how they can! – Facilitated by Dr. Patricia Porter

In this interactive workshop you will discover the barriers that prevent different types of parents getting involved in their child's education and how you can overcome them. This workshop is based on Dr. Patricia Porter's research - Searching for Common Ground.

Option D: Body Smart: From Child to Teen – Facilitated by Kerri Isham

Why Sexual Health Education Matters...Self-esteem, body image, how we relate to others and our overall identity are all intertwined with our sexuality. Despite the importance of sexuality in our lives, we are often uncomfortable talking about these issues. It doesn't have to be this way! Kerri Isham, founder of POWER UP workshops, believes it's important to encourage daily dialogue regarding sexual health. With up-to-date information and the right tools, awkward conversations can be opportunities to develop open communication with your child/teen. These on-going conversations will support your child/teen in developing a strong sense of self and awareness around personal boundaries. This workshop will provide a FUN and RELAXED atmosphere where parents can increase their knowledge, motivation and skills to help pre-teens/teens achieve optimal sexual health.

Breakout Sessions - Presenter Information



Ann Whiteaker, BCCPAC President

Ann has been actively involved in all school levels: elementary, middle, and high school, as well as the district level. Formally First Vice President for BCCPAC, Ann is looking forward to an active and busy year at BCCPAC as we continue to support our membership and reach out to the Education Partners to support student success



John Noonan, PRP, CGA is a Professional Registered Parliamentarian, the President of the Parliamentarians Association of British Columbia and an Internationally Accredited Speaker. He is a former International president of Toastmasters. In 1999 John was elected to the Board of Directors of the National Association of Parliamentarians where he served four years, two as its National Treasurer, Chairman of the Budget and Finance Committee, and as a member of the Executive committee. Today, John practices as a communication consultant offering services as a registered parliamentarian, presentation skills trainer, and coach to association, government and corporate clients.



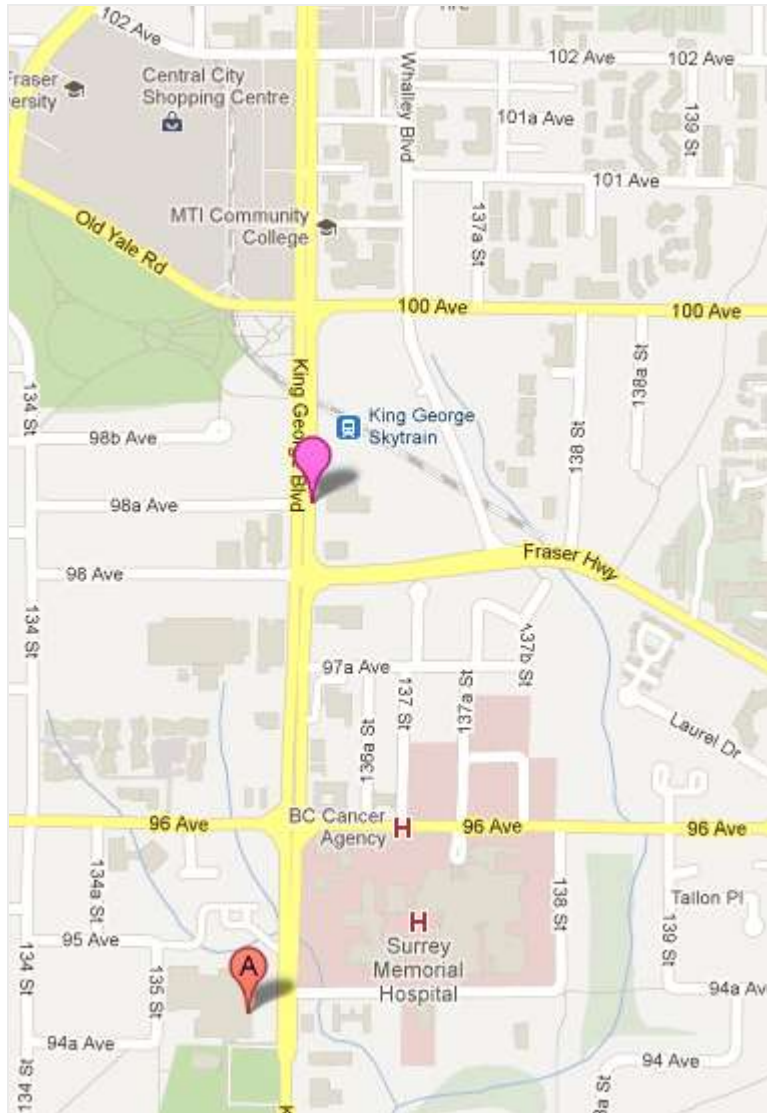
Kerri Isham, Kerri graduated from Ottawa University in 1994 with a Bachelor of Physical Education and in 1995 completed her Bachelor of Education. She taught in School District 69 for 13 years, including ten years as a sexual health educator at the middle school level. She expanded her role by becoming the District Health and Fitness Resource Teacher, which created the opportunity for her to teach sexual health to grades four and five. Currently, she runs her own company called Power-Up Workshops specializing in sexual health education and the impact media has on young girls' body image and self-esteem.



Jeannie Rohr, has been working with the F.O.R.C.E. since 2007 and is the new Director of Family Support, Learning and Development. She leads the team of Parent and Youth in Residence in BC. Jeannie shares her wealth of knowledge and experience as a parent of a youth with mental health challenges and she mentors other parents. She is a certified parent trainer for the Friends for Life and Fun Friends programs and has trained hundreds of parents in the Province and provided them with the valuable tools from this program.

Location Information

Queen Elizabeth Secondary School 9457 King George Hwy. Surrey, BC



Accommodation Information:

There are rooms blocked of for this conference at the Compass Point Inn (www.compasspointinn.com) under the group name "BCCPAC" at a rate of \$89.99 per night. Please call 1-800-663-0660 or visit the Compass Point Inn website to reserve your room.

Exhibitor Listing

BCCPAC would like to thank the sponsors and all the exhibitors who participated in this year's Lower Mainland Regional Gathering. **Exhibitors will be set up in the foyer of Queen Elizabeth Secondary School**



www.theecoedge.com



www.greenthumb.bc.ca



www.dfscanada.com

